

SEPTEMBER NEWSLETTER

300 N. NEBRASKA AVE. SAN JUAN, TX 78589
(956) 787-1771



San Juan Nursing Home

Changed your address or phone number? Please call or come by to update our records. It is very important to have your information current.
Ha cambiado su domicilio o número de teléfono? Favor de pasar o llamarnos para corregir su información. Es muy importante tener su información correcta.

BIRTHDAYS / CUMPLEAÑOS

Let's celebrate the wonderful people
who bring joy to our community!

¡Celebremos a las maravillosas personas
que traen alegría a nuestra comunidad!



Residents



09/05

Ana De La Torre

09/06

Jose Valdez

09/12

Maria E. Garza

09/25

Maria Carrillo



Staff



09/05

Belinda Bautista

09/10

Adela Saucedo

09/12

Maria De Los Angeles Morales

09/14

Natalia Dominguez

09/23

Narcedalia Aguayo

09/24

Melissa Ann Mata

09/28

Sylvia Flores

Thank you for being such an important part of our San Juan family.
Gracias por ser una parte tan importante de nuestra familia San Juan.



SEPTEMBER PRAYER / ORACIÓN DE SEPTIEMBRE



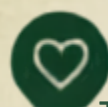
A PRAYER FOR THIS MONTH

I give You thanks, Lord, for the blessing of a long life, for to those who take refuge in You, You grant the grace to bear abundant fruit. Forgive my resignation and discouragement, and do not abandon me when my strength grows weak. Teach me to behold with hope the future You have prepared for me, the mission You have entrusted to my care, and to proclaim Your praises forevermore.



ORACIÓN PARA ESTE MES

Te doy gracias, Señor, por la bendición de una larga vida, pues a quienes se refugian en Ti les concedes dar frutos abundantes. Perdona mi resignación y mi desaliento, y no me abandones cuando mis fuerzas se debiliten. Enséñame a contemplar con esperanza el futuro que me regalas, la misión que me confías, y a proclamar eternamente tus alabanzas.



TOGETHER IN FAITH, WE FIND STRENGTH.

Thank you for being part of our San Juan Nursing Home family.



JUNTOS EN LA FE, ENCONTRAMOS FORTALEZA.

Gracias por ser parte de nuestra familia San Juan Nursing Home.



SAN JUAN
NURSING HOME





WELLNESS & CARE BIENESTAR Y CUIDADO



Care Plans & Family Participation: Your Involvement Matters

A care plan is simply a written plan that helps everyone caring for a resident understand what that person needs, what is important to them, and what the care team is working toward. Every resident is different, so their care should be based on their individual needs and preferences. The care team may include nurses, doctors or other medical providers, therapists, dietary staff, social services, activities staff, and other members of the nursing home team. Most importantly, the resident and their Responsible Party (RP) are an important part of this team.

Why Is the Responsible Party So Important?

The Responsible Party (RP) plays an important role in the care planning process, especially when a resident has difficulty making decisions or communicating their needs. The RP can help the care team understand the resident's history, personality, likes and dislikes, daily routines, family concerns, and what matters most to them. The RP should participate in care plan meetings, ask questions, share concerns, and communicate important changes they notice. You do not have to be a medical professional to be an active part of your loved one's care. You know your family member in ways that the healthcare team may not, and the information you provide can be very valuable.

Speak Up When Something Changes

A care plan is not a one-time document. Your loved one's needs can change, and the care plan should change with them. If you notice that your loved one is eating less, losing weight, falling more often, having difficulty walking, becoming more confused, acting differently, having trouble swallowing, seeming depressed, or needing more help with everyday activities, tell the nursing home staff. Do not wait until the next scheduled care plan meeting. The sooner the care team knows about a change, the sooner they can evaluate the situation and determine what needs to be done.

Questions Every RP Should Ask

Being involved does not mean you need to know everything about healthcare. Start by asking simple questions:

- What are my loved one's current care goals?
- Has anything changed since the last care plan meeting?
- Is my loved one making progress?
- Are there any concerns about falls, weight, medications, behavior, or mobility?
- What can I do to help?

Who should I contact if I notice a change or have a concern?

Remember: The Responsible Party is more than a name on paperwork. An involved RP can help connect the resident, family, and healthcare team. When residents, RPs, families, and facility staff communicate openly and work together, everyone has a better opportunity to provide care that is safe, respectful, personal, and focused on the resident's quality of life.



SEPTEMBER EVENTS / EVENTOS DE SEPTIEMBRE

Activities, Wellness & Community / Actividades, Bienestar y Comunidad

SUNDAY DOMINGO	MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
13 National Granparents Day			16 Mexican Independence			
			23 Resident's Birthday Party		25 Meal of the Month	
		29 Outing to the Grandparents mass at the Basilica				

Our deepest sympathy to the
family of: / Nuestras condolencias

a la familia de:

GLORIA GARCIA (+) ANASTACIA
ALEMAN (+) EUGENIO PEREZ (+)
RUBEN GONZALEZ (+) May our
Compassionate God comfort you in
your loss. / Que nuestro Dios de
Compasión les consuele en su
perdida.

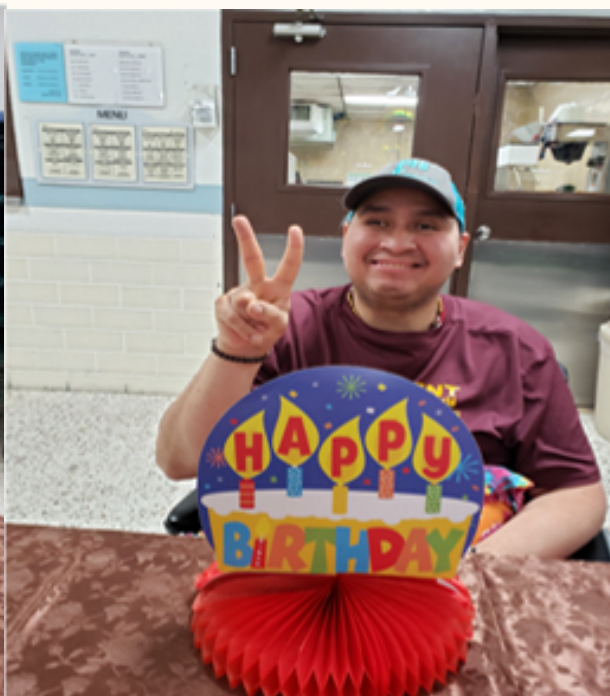
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SERVICE WITH LOVE



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